Comparison of Medicaid-Covered Structured Family Caregiving in Three States

Preliminary analysis; April 2022 Prepared by Neva Kaye, Senior Policy Fellow, NASHP

	Georgia	Missouri	South Dakota
Target population	Medicaid beneficiaries with a functional impairment caused by physical limitations	Medicaid beneficiaries age 21+ who have been diagnosed with Alzheimer's or related disorder	Medicaid beneficiaries age 65+ or 18+ with a physical disability
Federal authority	Service within <u>Georgia Elderly and</u> <u>Disabled 1915(c) waiver</u>	Stand-alone 1915(c) waiver	Service within South Dakota Home and Community-Based Options and Person- Centered Excellence (HOPE) 1915(c) waiver
Eligibility criteria	 Waiver requirements Qualify for Medicaid Functional impairment caused by physical limitations (including Alzheimer's) Meet nursing facility level of care criteria Service requirements Participant is age 18+ Participant needs 5 or more hours of Extended Personal Support Services daily Services must be delivered as part of an approved plan of care Agency must work with caregiver and others to establish backup plans for emergencies Caregiver and participant must live in the same home 	 Participant must be Medicaid beneficiary Age 21 or older Diagnosed with Alzheimer's/related Meet nursing facility level of care criteria Paid caregiver and participant must reside full time in the same household, which must be a private home Caregiver must be the live-in caregiver already providing care to the participant prior to authorization of the services Service must be provided as part of an approved plan of care 	 Waiver requirements Qualify for Medicaid Age 65 or older; or age 18 and over with a qualifying disability Meet Nursing Facility of Level of Care Not be a resident of a hospital, nursing facility, or an ICF/MR Service requirements Provided as part of an approved plan of care Participants must reside with the primary caregiver in ether the participant's or caregiver's private home, which is the primary residence of both individuals Agency must establish an emergency back-up plan for

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	 Caregiver must be related to the participant Caregiver must be unable to work outside the home due to caregiving activities 	 Agency must hire a qualified substitute caregiver for when the primary caregiver is not available 	 instances when the caregiver is unable to provide care Caregiver may not care for more than two participants
Relatives as caregivers	The participant and caregiver must be related but the caregiver may not be a legally responsible adult, such as a spouse (Note, that, temporarily and due to the COVID public health emergency, spouses may become caregivers)	Caregiver may be a non-family member, a family member (including spouse) or a legal guardian	Care giver may be a family member or a non-relative fictive kin (i.e., an individual who is not related by birth, adoption, or marriage but who has an emotionally significant relationship with the participant)
Caregiver payment	 Agencies support, oversee, and pay caregivers Agencies are paid per diem of \$90.20 per day (temporarily increased to \$99.22 due to public health emergency) Agency must pass on at least 60% of the per diem to the caregiver as a stipend 	 Agencies support, oversee, and pay caregivers Agencies are paid per diem of \$67.54 effective 7/1/21, which is 60% of the nursing facility daily rate The agency must pass on at least 65% of the per diem as a stipend to the primary and substitute caregivers 	 Agencies support, oversee, and pay caregivers Agencies are paid one of three daily rates based on the needs of the participant, currently they are \$42.32, \$52.90, and \$59.25 At least 50% of the agency fee must be passed on as a stipend to the caregiver
Other caregiver supports	 Agencies must provide at least 8 hours/year of individual caregiver training to meet identified participant needs Access to a health coach Active coordination with care management; Access to a web-based information management system easily 	 Agencies must provide at least 8 hours/year of training on participant-specific services based on assessed need Training may be delivered during monthly home visits, through secure electronic communication methods or in another format 	 Agencies must conduct a comprehensive caregiver assessment and establish a plan for educating, coaching and supporting the caregiver Agency must provide individualized initial and ongoing coaching to the caregiver

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	 accessed by caregivers and available to waiver case managers for shared participants Availability of other waiver services including adult day health care and hourly respite services Consultation with an RN, as needed 	 Training shall include an overview of Alzheimer's disease and related dementias and methods of communicating with persons with dementia In-service training curricular shall include updates on Alzheimer's disease and related dementia Agencies must provide access to an electronic interface that caregivers use for daily notes 	 Access to other waiver services including adult day services and respite care
Allowable caregiver services	 Caregiver is responsible for supporting the participant to maximize the highest level of independence possible by providing care and support, including: Supervision or assistance in performing Activities of Daily Living (ADLs) Supervision or assistance in performing Instrumental Activities f Daily Living (IADLs) Protective supervision provided solely to assure the health and welfare of the participant Supervision or assistance with health-related tasks Supervision or assistance while escorting/accompanying the member outside of the home 	 Services must be provided as part of an approved person-centered pan of care and may include: Homemaker care services related to needed IADLs Attendant care services related to needed ADLs Medication oversight Escorting for necessary appointments A substitute caregiver, chosen by the participant and employed by the agency Supportive and health-related attendant and homemaker services that substitute for the absence, loss, diminution, or impairment of a physical or cognitive function 	 Caregiver provides the participant assistance with Personal care Supervision Cueing Meals Homemaker Chore services Medication management (to the extent permitted under State law) Other IADLs, such as transportation for necessary appointments, shopping, and managing finances)

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Service reporting	 The caregiver must make daily notes on services provided in a "secure, HIPAA-compliant electronic format" The agency must use the information to monitor participant health and caregiver support needs 	The caregiver must make daily notes on services provided on an electronic interface that is provided by the agency	The caregiver must make regular notes on services provided
Enrollment cap	The number of waiver participants is capped but not the number of waiver participants who may receive SFC services	 Annual limit, if a participant leaves the program slots may not be re- used during the waiver year <u>Current cap</u> is 300 	The number of waiver participants is capped but not the number of waiver participants who may receive SFC services
Policies to balance cost	 Per diem stipend is equal to the cost of 5 hours of extended personal support services which is the criteria for qualifying for the service Separate payment will not be made for Personal Support or Extended Personal Support Service, Alternative Living Services or Home Delivered Meals 	Those who choose this waiver may not receive any other LTSS or HCBS	Separate payment for meals, homemaker services and/or chore services will not be provided
Sources	 <u>Elderly and disabled waiver</u> EDWP and CCSP and SOURCE general services manual and personal services manual, which can both be found <u>here</u> 	 <u>Medicaid waiver page</u> <u>Home and Community Based</u> <u>Services Manual</u> <u>Missouri Statutes §208896</u> 	 South Dakota Structured Family Caregiving Guide FY2022 Structured Family Caregiving Provider Provision Fee schedule Home and Community-Based Options and Person-Centered Excellence (HOPE) Waiver